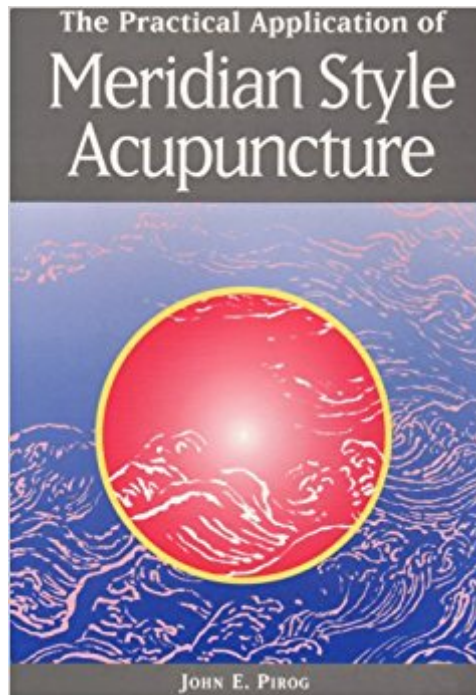




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The Practical Application Of Meridian Style Acupuncture



Synopsis

Book by Pirog, John E.

Book Information

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As the name implies, meridian based acupuncture places a prime importance on the meridian system in both the diagnosis and treatment of disease and dysfunction in the body. It is often called classical acupuncture because its theory is based on ancient classical texts like the "Ling Shu", the "Su Wen" and the "Nan Jing." Meridian based acupuncture contrasts with the herbalized form of acupuncture taught in most TCM schools in the USA today. Where herbalized acupuncture has strict anatomical location of acupuncture points and assigns functions to points based on the "Eight Principles" like clearing, harmonizing, tonifying and reducing in order to effect the Zang-Fu, meridian based acupuncture stresses palpation to locate points and ascribes two functions to points... tonifying deficiency and reducing excess. Until recently information on classical meridian based acupuncture was only available in workshops from practitioners like Miki Shima, Kiiko Matsumoto, Jefferey Yuen, Mark Seem and others. A few books on the Japanese style of meridian based acupuncture are available ("Introduction to Meridian Therapy, Denmei and Brown") and Mark Seem's books are based on meridian acupuncture ("A New American Acupuncture"). Just as the body is viewed as a series of energetic zones and levels in meridian style acupuncture, Pirog designed his book in five sections leading step by step to a deeper understanding and application of Meridian Style acupuncture. Pirog begins on a superficial level by laying out the basics of Meridian Style acupuncture: (1) finding and needling locally tender ahshi points, (2) determining the meridian(s) involved and (3) needling key distal points of the involved or energetically related

meridian.

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